



12. Ilmenauer Osterlauf  
Ilmenau, Ortsteil Heyda / 04.04.2015

Detailed evaluation

Thiem, Manuela

Club: Jena

Number: 440

Course: 18.50 km

Lange Strecke

Category:

Seniorinnen W35 (35-39 Jahre)

Total time: 1:51:57

Speed: 9.65 km/h

Running performance: 6:03 min/km

Rank in course/Total: 159 (of 168)

Rank in course/Women: 19 (of 22)

Best time in course: 1:18:16

Rank in category: 4(of 4)

Best time in the category: 1:26:31