



12. Ilmenauer Osterlauf  
Ilmenau, Ortsteil Heyda / 04.04.2015

Detailed evaluation

Herrmann, Uwe

Club: Geraberg  
Number: 385

Course: 18.50 km  
Lange Strecke

Category:  
Senioren M45 (45-49 Jahre)

Total time: 2:02:34

Speed: 8.81 km/h  
Running performance: 6:38 min/km

Rank in course/Total: 165 (of 168)

Rank in course/Men: 144 (of 146)

Best time in course: 1:06:05

Rank in category: 23(of 23)

Best time in the category: 1:13:59