



12. Ilmenauer Osterlauf  
Ilmenau, Ortsteil Heyda / 04.04.2015

Detailed evaluation

Hengelhaupt, Thorsten

Club: SV Ictershausen

Number: 62

Course: 9.30 km

Kurze Strecke

Category:

Senioren M35 (35-39 Jahre)

Total time: 41:01

Speed: 13.17 km/h

Running performance: 4:25 min/km

Rank in course/Total: 119 (of 404)

Rank in course/Men: 58 (of 306)

Best time in course: 32:04

Rank in category: 7(of 29)

Best time in the category: 32:04