



12. Ilmenauer Osterlauf
Ilmenau, Ortsteil Heyda / 04.04.2015

Detailed evaluation

Sprgies, Hannes

Club: Ilmenau
Number: 181

Course: 9.30 km
Kurze Strecke

Category:
Senioren M30 (30-34 Jahre)

Total time: 41:43

Speed: 12.94 km/h
Running performance: 4:29 min/km

Rank in course/Total: 130 (of 404)

Rank in course/Men: 65 (of 306)

Best time in course: 32:04

Rank in category: 13(of 38)

Best time in the category: 32:36