



12. Ilmenauer Osterlauf  
Ilmenau, Ortsteil Heyda / 04.04.2015

Detailed evaluation

Heymer, Hendrik

Club: WSV Trusetal e.V.  
Number: 331

Course: 9.30 km  
Kurze Strecke

Category:  
Senioren M60 (60-64 Jahre)

Total time: 42:06

Speed: 12.83 km/h  
Running performance: 4:32 min/km

Rank in course/Total: 133 (of 404)

Rank in course/Men: 68 (of 306)

Best time in course: 32:04

Rank in category: 3(of 15)

Best time in the category: 39:20