



12. Ilmenauer Osterlauf
Ilmenau, Ortsteil Heyda / 04.04.2015

Detailed evaluation

Löppen, Reinhard

Club: SV-EMSETAL

Number: 109

Course: 9.30 km

Kurze Strecke

Category:

Senioren M55 (55-59 Jahre)

Total time: 42:09

Speed: 12.81 km/h

Running performance: 4:32 min/km

Rank in course/Total: 134 (of 404)

Rank in course/Men: 69 (of 306)

Best time in course: 32:04

Rank in category: 4(of 22)

Best time in the category: 36:48