



12. Ilmenauer Osterlauf  
Ilmenau, Ortsteil Heyda / 04.04.2015

Detailed evaluation

Krannich, Steffen

Club: SG-Altenfeld  
Number: 241

Course: 9.30 km  
Kurze Strecke

Category:  
Senioren M45 (45-49 Jahre)

Total time: 42:14

Speed: 12.79 km/h  
Running performance: 4:32 min/km

Rank in course/Total: 135 (of 404)

Rank in course/Men: 70 (of 306)

Best time in course: 32:04

Rank in category: 6(of 37)

Best time in the category: 34:06