



12. Ilmenauer Osterlauf  
Ilmenau, Ortsteil Heyda / 04.04.2015

Detailed evaluation

michl, ramona

Club: Bad Salzungen

Number: 121

Course: 9.30 km

Kurze Strecke

Category:

Seniorinnen W35 (35-39 Jahre)

Total time: 42:26

Speed: 12.73 km/h

Running performance: 4:34 min/km

Rank in course/Total: 141 (of 404)

Rank in course/Women: 4 (of 98)

Best time in course: 38:48

Rank in category: 1(of 9)

Best time in the category: 42:26