



12. Ilmenauer Osterlauf  
Ilmenau, Ortsteil Heyda / 04.04.2015

Detailed evaluation

Seever, Thorsten

Club: SG Motor Arnstadt  
Number: 175

Course: 9.30 km  
Kurze Strecke

Category:  
Senioren M40 (40-44 Jahre)

Total time: 42:39

Speed: 12.66 km/h  
Running performance: 4:35 min/km

Rank in course/Total: 145 (of 404)

Rank in course/Men: 79 (of 306)

Best time in course: 32:04

Rank in category: 8(of 30)

Best time in the category: 34:06