



12. Ilmenauer Osterlauf
Ilmenau, Ortsteil Heyda / 04.04.2015

Detailed evaluation

Pawlow, Kamen

Club: FSV 1950 Gotha
Number: 259

Course: 9.30 km
Kurze Strecke

Category:
Senioren M55 (55-59 Jahre)

Total time: 42:42

Speed: 12.65 km/h
Running performance: 4:35 min/km

Rank in course/Total: 146 (of 404)

Rank in course/Men: 80 (of 306)

Best time in course: 32:04

Rank in category: 5(of 22)

Best time in the category: 36:48