



12. Ilmenauer Osterlauf
Ilmenau, Ortsteil Heyda / 04.04.2015

Detailed evaluation

Ziemke, Ingo

Club: Dream Team Ilmenau
Number: 303

Course: 9.30 km
Kurze Strecke

Category:
Senioren M50 (50-54 Jahre)

Total time: 42:58

Speed: 12.57 km/h
Running performance: 4:37 min/km

Rank in course/Total: 149 (of 404)

Rank in course/Men: 82 (of 306)

Best time in course: 32:04

Rank in category: 8(of 39)

Best time in the category: 36:21