



12. Ilmenauer Osterlauf  
Ilmenau, Ortsteil Heyda / 04.04.2015

### Detailed evaluation

#### Bomberg, Dirk

Club: SC Impuls Erfurt  
Number: 27

Course: 9.30 km  
Kurze Strecke

Category:  
Senioren M55 (55-59 Jahre)

Total time: 43:36  
Speed: 12.39 km/h  
Running performance: 4:41 min/km  
Rank in course/Total: 156 (of 404)  
Rank in course/Men: 87 (of 306)  
Best time in course: 32:04  
Rank in category: 6(of 22)  
Best time in the category: 36:48