



13. Kanonenbahnlauf  
Lengenfeld unterm Stein / 27.06.2015

Detailed evaluation

**Ruhland, Gabriele**

Club: Lengenfeld unterm Stein  
Number: 511

Course: 7.00 km  
Walking/ Nordic Walking

Category:  
Damen

Total time: 55:26

Speed: 7.58 km/h  
Running performance: 7:55 min/km

Rank in course/Total: 1 (of 15)  
Rank in course/Women: 1 (of 13)

Best time in course: 55:26

Rank in category: 1(of 13)  
Best time in the category: 55:26