



13. Kanonenbahnlauf
Lengenfeld unterm Stein / 27.06.2015

Detailed evaluation

Ullrich, Rüdiger

Club: LG Kreis Verden
Number: 196

Course: 16.00 km
Kanonenbahnlauf

Category:
Senioren M60 (60-64 Jahre)

Total time: 1:16:41

Speed: 12.52 km/h
Running performance: 4:47 min/km

Rank in course/Total: 20 (of 76)

Rank in course/Men: 20 (of 61)

Best time in course: 1:02:23

Rank in category: 1(of 4)

Best time in the category: 1:16:41