



13. Kanonenbahnlauf  
Lengenfeld unterm Stein / 27.06.2015

Detailed evaluation

**Elbert, Dieter**

Club: Hainichläufer  
Number: 515

Course: 7.00 km  
Walking/ Nordic Walking

Category:  
Herren

Total time: 1:12:28

Speed: 5.80 km/h  
Running performance: 10:21 min/km

Rank in course/Total: 9 (of 15)

Rank in course/Men: 2 (of 2)

Best time in course: 56:25

Rank in category: 2(of 2)

Best time in the category: 56:25