



13. Kanonenbahnlauf  
Lengenfeld unterm Stein / 27.06.2015

Detailed evaluation

Nowinski, Carsten

Club: Schmalkalden  
Number: 170

Course: 16.00 km  
Kanonenbahnlauf

Category:  
Männer (20-29 Jahre)

Total time: 1:38:49

Speed: 9.71 km/h  
Running performance: 6:11 min/km

Rank in course/Total: 61 (of 76)

Rank in course/Men: 54 (of 61)

Best time in course: 1:02:23

Rank in category: 7(of 8)

Best time in the category: 1:03:47