



13. Kanonenbahnlauf
Lengenfeld unterm Stein / 27.06.2015

Detailed evaluation

Armstroff, Silke

Club: Mühlhausen
Number: 659

Course: 7.00 km
Kleiner Kanonenbahnlauf

Category:
Seniorinnen W35 (35-39 Jahre)

Total time: 33:20
Speed: 12.60 km/h
Running performance: 4:46 min/km
Rank in course/Total: 28 (of 56)
Rank in course/Women: 3 (of 16)
Best time in course: 32:20
Rank in category: 2(of 3)
Best time in the category: 32:50