



13. Kanonenbahnlauf  
Lengenfeld unterm Stein / 27.06.2015

Detailed evaluation

Apel, Michaela

Club: Leinefelde  
Number: 656

Course: 7.00 km  
Kleiner Kanonenbahnlauf

Category:  
Seniorinnen W30 (30-34 Jahre)

Total time: 35:28  
Speed: 11.84 km/h  
Running performance: 5:04 min/km  
Rank in course/Total: 38 (of 56)  
Rank in course/Women: 6 (of 16)  
Best time in course: 32:20  
Rank in category: 1(of 2)  
Best time in the category: 35:28