



13. Kanonenbahnlauf  
Lengenfeld unterm Stein / 27.06.2015

Detailed evaluation

Rudolph, Astrid

Club: SV 1899 Mühlhausen  
Number: 631

Course: 7.00 km  
Kleiner Kanonenbahnlauf

Category:  
Seniorinnen W55 (55-59 Jahre)

Total time: 39:24

Speed: 10.66 km/h  
Running performance: 5:38 min/km

Rank in course/Total: 46 (of 56)  
Rank in course/Women: 10 (of 16)  
Best time in course: 32:20

Rank in category: 1(of 1)  
Best time in the category: 39:24