



13. Kanonenbahnlauf
Lengenfeld unterm Stein / 27.06.2015

Detailed evaluation

Koch, Konrad

Club: Geismar

Number: 651

Course: 7.00 km

Kleiner Kanonenbahnlauf

Category:

Senioren M45 (45-49 Jahre)

Total time: 40:55

Speed: 10.26 km/h

Running performance: 5:51 min/km

Rank in course/Total: 51 (of 56)

Rank in course/Men: 39 (of 40)

Best time in course: 25:48

Rank in category: 4(of 4)

Best time in the category: 28:27