



26. Karbener Stadtlauf
Klein-Karben / 09.08.2015

Detailed evaluation

Ruhland, Manuel

Club: Spiridon Frankfurt
Number: 1965

Course: 21.10 km
Halbmarathon

Category:
Senioren M30 (30-34 Jahre)

Total time: 1:34:37

Speed: 13.38 km/h

Rank in course/Total: 14 (of 133)

Rank in course/Men: 12 (of 114)

Best time in course: 1:24:03

Rank in category: 3(of 15)

Best time in the category: 1:24:03