



26. Karbener Stadtlauf
Klein-Karben / 09.08.2015

Detailed evaluation

Bieniek, Sigmund

Club: Idstein-Runners
Number: 2507

Course: 10.00 km
10 km - Lauf

Category:
Senioren M50 (50-54 Jahre)

Total time: 43:31

Speed: 13.79 km/h

Rank in course/Total: 27 (of 171)

Rank in course/Men: 27 (of 127)

Best time in course: 33:20

Rank in category: 1(of 15)

Best time in the category: 43:31