



35. Kienberglauf
Oehrenstock / 27.09.2015

Detailed evaluation

Kreußel, Silke

Club: Langewiesen
Number: 500

Course: 16.00 km
16 km Lauf

Category:
Seniorinnen W50 (50-54 Jahre)

Total time: 1:55:13

Speed: 8.33 km/h
Running performance: 7:12 min/km

Rank in course/Total: 34 (of 34)

Rank in course/Women: 5 (of 5)

Best time in course: 1:25:31

Rank in category: 3(of 3)

Best time in the category: 1:37:33