



35. Kienberglauf  
Oehrenstock / 27.09.2015

Detailed evaluation

Lambeck, Paula

Club: Ilmenau  
Number: 168

Course: 2.40 km  
1 Meile

Category:  
weibliche Jugend U16 (14-15 Jahre)

Total time: 11:19

Speed: 10.60 km/h  
Running performance: 4:43 min/km

Rank in course/Total: 8 (of 23)  
Rank in course/Women: 2 (of 13)

Best time in course: 10:53

Rank in category: 2(of 4)  
Best time in the category: 10:53