



35. Kienberglauf
Oehrenstock / 27.09.2015

Detailed evaluation

Sieg, Richard

Club: Apoldaer LV
Number: 429

Course: 11.00 km
11 km Lauf

Category:
männliche Jugend U18 (16-17 Jahre)

Total time: 54:46

Speed: 12.05 km/h
Running performance: 4:59 min/km

Rank in course/Total: 15 (of 54)

Rank in course/Men: 14 (of 43)

Best time in course: 43:50

Rank in category: 4(of 5)

Best time in the category: 53:48