



35. Kienberglauf  
Oehrenstock / 27.09.2015

Detailed evaluation

Melchert, Volkmar

Club: Die flinken Gerataler  
Number: 407

Course: 11.00 km  
11 km Lauf

Category:  
Senioren M60 (60-64 Jahre)

Total time: 59:05

Speed: 11.17 km/h  
Running performance: 5:22 min/km

Rank in course/Total: 25 (of 54)

Rank in course/Men: 22 (of 43)

Best time in course: 43:50

Rank in category: 4(of 8)

Best time in the category: 54:31