



35. Kienberglauf
Oehrenstock / 27.09.2015

Detailed evaluation

Krüger, Udo

Club: Icktershausen
Number: 457

Course: 11.00 km
11 km Lauf

Category:
Senioren M45 (45-49 Jahre)

Total time: 1:04:54

Speed: 10.17 km/h
Running performance: 5:54 min/km

Rank in course/Total: 36 (of 54)

Rank in course/Men: 30 (of 43)

Best time in course: 43:50

Rank in category: 3(of 4)

Best time in the category: 43:50