



35. Kienberglauf  
Oehrenstock / 27.09.2015

Detailed evaluation

Müller, Helke

Club: Langewiesen  
Number: 410

Course: 11.00 km  
11 km Lauf

Category:  
Seniorinnen W50 (50-54 Jahre)

Total time: 1:15:40

Speed: 8.72 km/h  
Running performance: 6:53 min/km

Rank in course/Total: 48 (of 54)

Rank in course/Women: 9 (of 11)

Best time in course: 44:32

Rank in category: 2(of 2)

Best time in the category: 55:49