



35. Kienberglauf  
Oehrenstock / 27.09.2015

Detailed evaluation

Kurtz, Ralf

Club: Erfurt  
Number: 506

Course: 16.00 km  
16 km Lauf

Category:  
Senioren M50 (50-54 Jahre)

Total time: 1:16:48

Speed: 12.50 km/h  
Running performance: 4:48 min/km

Rank in course/Total: 4 (of 34)

Rank in course/Men: 4 (of 29)

Best time in course: 1:11:12

Rank in category: 1(of 7)

Best time in the category: 1:16:48