



15. Kirschlauf  
Kleinfahrer / 14.06.2015

Detailed evaluation

Münch, Heiko

Club: sc impuls erfurt  
Number: 108

Course: 14.00 km  
Hauptlauf

Category:  
Senioren M50 (50-54 Jahre)

Total time: 1:04:09

Speed: 13.09 km/h  
Running performance: 4:35 min/km

Rank in course/Total: 17 (of 218)

Rank in course/Men: 15 (of 170)

Best time in course: 51:37

Rank in category: 5(of 34)

Best time in the category: 1:00:15

Intermediate times

Stage score

Total ranking

| Control   | Split | Split | Split  | Pos  | Behind | Pos | Behind | Total | Total   | Total  | Pos  | Behind | Pos | Behind |
|-----------|-------|-------|--------|------|--------|-----|--------|-------|---------|--------|------|--------|-----|--------|
|           | km    | Time  | min/km | Cat. | Cat.   | Men | Men    | km    | Time    | min/km | Cat. | Cat.   | Men | Men    |
| Kontrolle | 7.50  | 39:58 | 5:19   | 4    | 2:35   | 14  | 8:08   | 7.50  | 39:58   | 5:19   | 4    | 2:35   | 14  | 8:08   |
| Finish    | 6.50  | 24:11 | 3:43   | 5    | 2:09   | 15  | 4:24   | 14.00 | 1:04:09 | 4:34   | 5    | 3:54   | 15  | 12:32  |