



15. Kirschlauf
Kleinfahner / 14.06.2015

Detailed evaluation

Gräfe, Michael

Club: SG Tonna
Number: 184

Course: 14.00 km
Hauptlauf

Category:
Senioren M35 (35-39 Jahre)

Total time: 1:08:57

Speed: 12.18 km/h
Running performance: 4:55 min/km

Rank in course/Total: 42 (of 218)

Rank in course/Men: 40 (of 170)

Best time in course: 51:37

Rank in category: 5(of 15)

Best time in the category: 1:03:21

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Kontrolle	7.50	42:50	5:42	5	3:28	39	11:00	7.50	42:50	5:42	5	3:28	39	11:00
Finish	6.50	26:07	4:01	6	2:08	41	6:20	14.00	1:08:57	4:55	5	5:36	40	17:20