



15. Kirschlauf
Kleinfahner / 14.06.2015

Detailed evaluation

Metz, Klaus-Peter

Club: Sömmerdaer Gipfelstürmer
Number: 213

Course: 14.00 km
Hauptlauf

Category:
Senioren M55 (55-59 Jahre)

Total time: 1:09:34

Speed: 12.07 km/h
Running performance: 4:58 min/km

Rank in course/Total: 49 (of 218)

Rank in course/Men: 46 (of 170)

Best time in course: 51:37

Rank in category: 6(of 21)

Best time in the category: 1:04:45

Intermediate times

Stage score

Total ranking

| Control | Split km | Split Time | Split min/km | Pos Cat. | Behind Cat. | Stage score | | Total ranking | | | | | | |
|-----------|-------------|---------------|-----------------|-------------|----------------|-------------|---------------|---------------|---------------|-----------------|-------------|----------------|------------|---------------|
| | | | | | | Pos Men | Behind Men | Total km | Total Time | Total min/km | Pos Cat. | Behind Cat. | Pos Men | Behind Men |
| Kontrolle | 7.50 | 42:48 | 5:42 | 5 | 2:48 | 38 | 10:58 | 7.50 | 42:48 | 5:42 | 5 | 2:48 | 38 | 10:58 |
| Finish | 6.50 | 26:46 | 4:07 | 6 | 2:15 | 49 | 6:59 | 14.00 | 1:09:34 | 4:58 | 6 | 4:49 | 46 | 17:57 |