



15. Kirschlauf
Kleinfahrer / 14.06.2015

Detailed evaluation

Metz, Klaus-Peter

Club: Sömmerdaer Gipfelstürmer
Number: 213

Course: 14.00 km
Hauptlauf

Category:
Senioren M55 (55-59 Jahre)

Total time: 1:09:34

Speed: 12.07 km/h
Running performance: 4:58 min/km

Rank in course/Total: 49 (of 218)

Rank in course/Men: 46 (of 170)

Best time in course: 51:37

Rank in category: 6(of 21)

Best time in the category: 1:04:45

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Kontrolle	7.50	42:48	5:42	5	2:48	38	10:58	7.50	42:48	5:42	5	2:48	38	10:58
Finish	6.50	26:46	4:07	6	2:15	49	6:59	14.00	1:09:34	4:58	6	4:49	46	17:57