



15. Kirschlauf
Kleinfahner / 14.06.2015

Detailed evaluation

Winkler, Heinz Jörg

Club: Nofretete e.V.
Number: 212

Course: 14.00 km
Hauptlauf

Category:
Senioren M55 (55-59 Jahre)

Total time: 1:11:20

Speed: 11.78 km/h
Running performance: 5:06 min/km

Rank in course/Total: 59 (of 218)

Rank in course/Men: 55 (of 170)

Best time in course: 51:37

Rank in category: 7(of 21)

Best time in the category: 1:04:45

Intermediate times

Stage score

Total ranking

| Control | Split km | Split Time | Split min/km | Pos Cat. | Behind Cat. | Stage score | | Total ranking | | | | | | |
|-----------|-------------|---------------|-----------------|-------------|----------------|-------------|---------------|---------------|---------------|-----------------|-------------|----------------|------------|---------------|
| | | | | | | Pos Men | Behind Men | Total km | Total Time | Total min/km | Pos Cat. | Behind Cat. | Pos Men | Behind Men |
| Kontrolle | 7.50 | 43:33 | 5:48 | 7 | 3:33 | 50 | 11:43 | 7.50 | 43:33 | 5:48 | 7 | 3:33 | 50 | 11:43 |
| Finish | 6.50 | 27:47 | 4:16 | 7 | 3:16 | 60 | 8:00 | 14.00 | 1:11:20 | 5:05 | 7 | 6:35 | 55 | 19:43 |