



15. Kirschlauf
Kleinfahrer / 14.06.2015

Detailed evaluation

Friedrich, Karsten

Club: Gebesee
Number: 226

Course: 14.00 km
Hauptlauf

Category:
Senioren M40 (40-44 Jahre)

Total time: 1:14:29

Speed: 11.28 km/h
Running performance: 5:19 min/km

Rank in course/Total: 73 (of 218)

Rank in course/Men: 69 (of 170)

Best time in course: 51:37

Rank in category: 5(of 22)

Best time in the category: 1:05:11

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Kontrolle	7.50	47:37	6:20	8	7:37	83	15:47	7.50	47:37	6:20	8	7:37	83	15:47
Finish	6.50	26:52	4:08	4	2:37	51	7:05	14.00	1:14:29	5:19	5	9:18	69	22:52