



15. Kirschlauf  
Kleinfahner / 14.06.2015

Detailed evaluation

Wilschewski, Heidi

Club: Kleinfahner  
Number: 67

Course: 14.00 km  
Hauptlauf

Category:  
Seniorinnen W30 (30-34 Jahre)

Total time: 1:14:57

Speed: 11.21 km/h  
Running performance: 5:21 min/km

Rank in course/Total: 79 (of 218)

Rank in course/Women: 6 (of 48)

Best time in course: 1:02:46

Rank in category: 3(of 4)

Best time in the category: 1:02:46

Intermediate times

Stage score

Total ranking

| Control   | Split km | Split Time | Split min/km | Stage score |             |           |              | Total ranking |            |              |          |             |           |              |
|-----------|----------|------------|--------------|-------------|-------------|-----------|--------------|---------------|------------|--------------|----------|-------------|-----------|--------------|
|           |          |            |              | Pos Cat.    | Behind Cat. | Pos Women | Behind Women | Total km      | Total Time | Total min/km | Pos Cat. | Behind Cat. | Pos Women | Behind Women |
| Kontrolle | 7.50     | 46:21      | 6:10         | 3           | 7:02        | 6         | 7:02         | 7.50          | 46:21      | 6:10         | 3        | 7:02        | 6         | 7:02         |
| Finish    | 6.50     | 28:36      | 4:24         | 3           | 5:12        | 6         | 5:12         | 14.00         | 1:14:57    | 5:21         | 3        | 12:11       | 6         | 12:11        |