



15. Kirschlauf
Kleinfahrer / 14.06.2015

Detailed evaluation

Nitzschke, Alexander

Club: Erfurt - Gustav, Konrad, Frieda
Number: 223

Course: 14.00 km
Hauptlauf

Category:
Senioren M40 (40-44 Jahre)

Total time: 1:15:24

Speed: 11.14 km/h
Running performance: 5:23 min/km

Rank in course/Total: 82 (of 218)

Rank in course/Men: 76 (of 170)

Best time in course: 51:37

Rank in category: 6(of 22)

Best time in the category: 1:05:11

Intermediate times

Stage score

Total ranking

| Control | Split km | Split Time | Split min/km | Pos Cat. | Behind Cat. | Stage score | | Total ranking | | | | | | |
|-----------|-------------|---------------|-----------------|-------------|----------------|-------------|---------------|---------------|---------------|-----------------|-------------|----------------|------------|---------------|
| | | | | | | Pos Men | Behind Men | Total km | Total Time | Total min/km | Pos Cat. | Behind Cat. | Pos Men | Behind Men |
| Kontrolle | 7.50 | 45:54 | 6:07 | 5 | 5:54 | 68 | 14:04 | 7.50 | 45:54 | 6:07 | 5 | 5:54 | 68 | 14:04 |
| Finish | 6.50 | 29:30 | 4:32 | 10 | 5:15 | 97 | 9:43 | 14.00 | 1:15:24 | 5:23 | 6 | 10:13 | 76 | 23:47 |