



15. Kirschlauf
Kleinfahrer / 14.06.2015

Detailed evaluation

Armbruster, Frank

Club: SC T@lentfrei 2010 e.V.
Number: 23

Course: 14.00 km
Hauptlauf

Category:
Senioren M40 (40-44 Jahre)

Total time: 1:15:28

Speed: 11.13 km/h
Running performance: 5:23 min/km

Rank in course/Total: 83 (of 218)

Rank in course/Men: 77 (of 170)

Best time in course: 51:37

Rank in category: 7(of 22)

Best time in the category: 1:05:11

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Kontrolle	7.50	47:38	6:21	9	7:38	84	15:48	7.50	47:38	6:21	9	7:38	84	15:48
Finish	6.50	27:50	4:16	6	3:35	61	8:03	14.00	1:15:28	5:23	7	10:17	77	23:51