



15. Kirschlauf
Kleinfahrer / 14.06.2015

Detailed evaluation

Hermann, Rainer

Club: LAC Rudolstadt
Number: 77

Course: 14.00 km
Hauptlauf

Category:
Senioren M70 (70-74 Jahre)

Total time: 1:20:07

Speed: 10.48 km/h
Running performance: 5:43 min/km

Rank in course/Total: 119 (of 218)

Rank in course/Men: 109 (of 170)

Best time in course: 51:37

Rank in category: 1(of 1)

Best time in the category: 1:20:07

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Kontrolle	7.50	49:37	6:36	1	-	108	17:47	7.50	49:37	6:36	1	-	108	17:47
Finish	6.50	30:30	4:41	1	-	115	10:43	14.00	1:20:07	5:43	1	-	109	28:30