



15. Kirschlauf  
Kleinfahrer / 14.06.2015

Detailed evaluation

Krüger, Lars

Club: GutsMuths-Rennsteiglaufverein  
Number: 41

Course: 14.00 km  
Hauptlauf

Category:  
Senioren M40 (40-44 Jahre)

Total time: 1:25:21

Speed: 9.84 km/h  
Running performance: 6:06 min/km

Rank in course/Total: 156 (of 218)

Rank in course/Men: 133 (of 170)

Best time in course: 51:37

Rank in category: 17(of 22)

Best time in the category: 1:05:11

Intermediate times

Stage score

Total ranking

| Control   | Split<br>km | Split<br>Time | Split<br>min/km | Pos<br>Cat. | Behind<br>Cat. | Stage score |               | Total ranking |               |                 |             |                |            |               |
|-----------|-------------|---------------|-----------------|-------------|----------------|-------------|---------------|---------------|---------------|-----------------|-------------|----------------|------------|---------------|
|           |             |               |                 |             |                | Pos<br>Men  | Behind<br>Men | Total<br>km   | Total<br>Time | Total<br>min/km | Pos<br>Cat. | Behind<br>Cat. | Pos<br>Men | Behind<br>Men |
| Kontrolle | 7.50        | 52:47         | 7:02            | 16          | 12:47          | 131         | 20:57         | 7.50          | 52:47         | 7:02            | 16          | 12:47          | 131        | 20:57         |
| Finish    | 6.50        | 32:34         | 5:00            | 17          | 8:19           | 135         | 12:47         | 14.00         | 1:25:21       | 6:05            | 17          | 20:10          | 133        | 33:44         |