



15. Kirschlauf
Kleinfahrer / 14.06.2015

Detailed evaluation

Krüger, Lars

Club: GutsMuths-Rennsteiglaufverein
Number: 41

Course: 14.00 km
Hauptlauf

Category:
Senioren M40 (40-44 Jahre)

Total time: 1:25:21

Speed: 9.84 km/h
Running performance: 6:06 min/km

Rank in course/Total: 156 (of 218)

Rank in course/Men: 133 (of 170)

Best time in course: 51:37

Rank in category: 17(of 22)

Best time in the category: 1:05:11

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Kontrolle	7.50	52:47	7:02	16	12:47	131	20:57	7.50	52:47	7:02	16	12:47	131	20:57
Finish	6.50	32:34	5:00	17	8:19	135	12:47	14.00	1:25:21	6:05	17	20:10	133	33:44