



15. Kirschlauf
Kleinfahrer / 14.06.2015

Detailed evaluation

Ellerkamm, Jürgen

Club: GutsMuths-Rennsteiglaufverein
Number: 106

Course: 14.00 km
Hauptlauf

Category:
Senioren M75 (75-79 Jahre)

Total time: 1:30:29

Speed: 9.28 km/h
Running performance: 6:28 min/km

Rank in course/Total: 172 (of 218)

Rank in course/Men: 142 (of 170)

Best time in course: 51:37

Rank in category: 2(of 2)

Best time in the category: 1:19:40

Intermediate times

Stage score

Total ranking

Control	Intermediate times				Stage score				Total ranking					
	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Kontrolle	7.50	53:29	7:07	2	5:27	137	21:39	7.50	53:29	7:07	2	5:27	137	21:39
Finish	6.50	37:00	5:41	2	5:22	152	17:13	14.00	1:30:29	6:27	2	10:49	142	38:52