



15. Kirschlauf  
Kleinfahrer / 14.06.2015

Detailed evaluation

Sieber-Held, Anke

Club: SSV Erfurt 02  
Number: 230

Course: 14.00 km  
Hauptlauf

Category:  
Seniorinnen W45 (45-49 Jahre)

Total time: 1:35:31

Speed: 8.79 km/h  
Running performance: 6:49 min/km

Rank in course/Total: 188 (of 218)

Rank in course/Women: 37 (of 48)

Best time in course: 1:02:46

Rank in category: 5(of 7)

Best time in the category: 1:19:16

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Stage score				Total ranking						
				Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Kontrolle	7.50	58:35	7:48	5	9:26	38	19:16	7.50	58:35	7:48	5	9:26	38	19:16
Finish	6.50	36:56	5:40	7	6:49	39	13:32	14.00	1:35:31	6:49	5	16:15	37	32:45