



15. Kirschlauf
Kleinfahner / 14.06.2015

Detailed evaluation

Plotzki, Heike

Club: Erfurt
Number: 178

Course: 14.00 km
Hauptlauf

Category:
Seniorinnen W60 (60-64 Jahre)

Total time: 1:40:45

Speed: 8.34 km/h
Running performance: 7:12 min/km

Rank in course/Total: 200 (of 218)

Rank in course/Women: 42 (of 48)

Best time in course: 1:02:46

Rank in category: 1(of 2)

Best time in the category: 1:40:45

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Kontrolle	7.50	1:01:16	8:10	1	-	41	21:57	7.50	1:01:16	8:10	1	-	41	21:57
Finish	6.50	39:29	6:04	1	-	43	16:05	14.00	1:40:45	7:11	1	-	42	37:59