



9. Kristallmarathon im Erlebnis Bergwerk Merkers

Merkers / 22.02.2015

Detailed evaluation

Hinz, Thomas

Club: garbsen

Number: 1088

Course: 9.75 km

10 km Lauf

Category:

Senioren M50 (50-54 Jahre)

Total time: 54:41

Speed: 9.88 km/h

Running performance: 5:37 min/km

Rank in course/Total: 202 (of 326)

Rank in course/Men: 91 (of 246)

Best time in course: 34:12

Rank in category: 15(of 46)

Best time in the category: 39:19

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	3.25	18:16	5:37	29	6:04	203	7:13	3.25	18:16	5:37	29	6:04	203	7:13
Lap 2	3.25	18:41	5:44	29	5:19	175	7:04	6.50	36:57	5:41	29	11:23	189	14:16
Last lap Finish	3.25	17:44	5:27	25	3:59	149	6:15	9.75	54:41	5:36	29	15:22	181	20:29