



9. Kristallmarathon im Erlebnis Bergwerk Merkers

Merkers / 22.02.2015

Detailed evaluation

Pitsch, Ines

Club: Wehringen

Number: 1153

Course: 9.75 km

10 km Lauf

Category:

Seniorinnen W45 (45-49 Jahre)

Total time: 54:57

Speed: 9.83 km/h

Running performance: 5:38 min/km

Rank in course/Total: 205 (of 326)

Rank in course/Women: 12 (of 80)

Best time in course: 38:41

Rank in category: 1(of 12)

Best time in the category: 54:57

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Lap 1	3.25	18:41	5:44	5	0:55	43	6:24	3.25	18:41	5:44	5	0:55	43	6:24
Lap 2	3.25	18:43	5:45	1	-	21	5:31	6.50	37:24	5:45	3	0:27	31	11:55
Last lap Finish	3.25	17:33	5:24	1	-	15	4:21	9.75	54:57	5:38	1	-	23	16:16