



9. Kristallmarathon im Erlebnis Bergwerk Merkers

Merkers / 22.02.2015

Detailed evaluation

Deckwirth, Hans

Club: Laufteam Sudenburg

Number: 1182

Course: 9.75 km

10 km Lauf

Category:

Senioren M60 (60-64 Jahre)

Total time: 55:21

Speed: 9.76 km/h

Running performance: 5:41 min/km

Rank in course/Total: 209 (of 326)

Rank in course/Men: 93 (of 246)

Best time in course: 34:12

Rank in category: 1(of 6)

Best time in the category: 55:21

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	3.25	17:57	5:31	1	-	199	6:54	3.25	17:57	5:31	1	-	199	6:54
Lap 2	3.25	18:50	5:47	1	-	185	7:13	6.50	36:47	5:39	1	-	183	14:06
Last lap Finish	3.25	18:34	5:42	1	-	173	7:05	9.75	55:21	5:40	1	-	185	21:09