



# 9. Kristallmarathon im Erlebnis Bergwerk Merkers

Merkers / 22.02.2015

## Detailed evaluation

Milde, Jürgen

Club: TuS St. Sebastian AH

Number: 1032

Course: 9.75 km

10 km Lauf

Category:

Senioren M40 (40-44 Jahre)

Total time: 55:21

Speed: 9.76 km/h

Running performance: 5:41 min/km

Rank in course/Total: 210 (of 326)

Rank in course/Men: 93 (of 246)

Best time in course: 34:12

Rank in category: 15(of 40)

Best time in the category: 34:12

### Intermediate times

### Stage score

### Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	3.25	17:25	5:21	29	6:22	173	6:22	3.25	17:25	5:21	29	6:22	173	6:22
Lap 2	3.25	18:42	5:45	27	7:04	177	7:05	6.50	36:07	5:33	29	13:26	177	13:26
Last lap Finish	3.25	19:14	5:55	29	7:43	189	7:45	9.75	55:21	5:40	29	21:09	185	21:09