



# 9. Kristallmarathon im Erlebnis Bergwerk Merkers

Merkers / 22.02.2015

## Detailed evaluation

**Grießer, Hartmut**

Club: Aussichtsturm Einbeck

Number: 1109

Course: 9.75 km

10 km Lauf

Category:

Senioren M65 (65-69 Jahre)

Total time: 55:27

Speed: 9.74 km/h

Running performance: 5:41 min/km

Rank in course/Total: 213 (of 326)

Rank in course/Men: 95 (of 246)

Best time in course: 34:12

Rank in category: 5(of 10)

Best time in the category: 43:36

### Intermediate times

### Stage score

### Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	3.25	18:30	5:41	9	4:24	211	7:27	3.25	18:30	5:41	9	4:24	211	7:27
Lap 2	3.25	18:43	5:45	9	4:04	179	7:06	6.50	37:13	5:43	9	8:28	193	14:32
Last lap Finish	3.25	18:14	5:36	9	3:23	163	6:45	9.75	55:27	5:41	9	11:51	189	21:15