



9. Kristallmarathon im Erlebnis Bergwerk Merkers

Merkers / 22.02.2015

Detailed evaluation

Vinz, Mareike

Club: AOK Laufftreff Fulda

Number: 1136

Course: 9.75 km

10 km Lauf

Category:

Seniorinnen W35 (35-39 Jahre)

Total time: 56:50

Speed: 9.50 km/h

Running performance: 5:50 min/km

Rank in course/Total: 225 (of 326)

Rank in course/Women: 16 (of 80)

Best time in course: 38:41

Rank in category: 5(of 22)

Best time in the category: 38:41

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Lap 1	3.25	17:49	5:28	9	5:32	27	5:32	3.25	17:49	5:28	9	5:32	27	5:32
Lap 2	3.25	19:34	6:01	11	6:22	39	6:22	6.50	37:23	5:45	9	11:54	29	11:54
Last lap Finish	3.25	19:27	5:59	11	6:15	35	6:15	9.75	56:50	5:49	9	18:09	31	18:09