



9. Kristallmarathon im Erlebnis Bergwerk Merkers

Merkers / 22.02.2015

Detailed evaluation

Mensing, Janine

Club: Ilmenau
Number: 1134

Course: 9.75 km
10 km Lauf

Category:
Seniorinnen W35 (35-39 Jahre)

Total time: 57:01

Speed: 9.47 km/h
Running performance: 5:51 min/km

Rank in course/Total: 229 (of 326)

Rank in course/Women: 17 (of 80)

Best time in course: 38:41

Rank in category: 6(of 22)

Best time in the category: 38:41

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Stage score				Total ranking						
				Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Lap 1	3.25	18:34	5:42	11	6:17	37	6:17	3.25	18:34	5:42	11	6:17	37	6:17
Lap 2	3.25	19:31	6:00	9	6:19	35	6:19	6.50	38:05	5:51	11	12:36	39	12:36
Last lap Finish	3.25	18:56	5:49	9	5:44	25	5:44	9.75	57:01	5:50	11	18:20	33	18:20