



# 9. Kristallmarathon im Erlebnis Bergwerk Merkers

Merkers / 22.02.2015

## Detailed evaluation

**Herkula, Birgit**

Club: Laufteam Sudenburg

Number: 1162

Course: 9.75 km

10 km Lauf

Category:

Seniorinnen W55 (55-59 Jahre)

Total time: 57:10

Speed: 9.45 km/h

Running performance: 5:52 min/km

Rank in course/Total: 231 (of 326)

Rank in course/Women: 18 (of 80)

Best time in course: 38:41

Rank in category: 1(of 8)

Best time in the category: 57:10

### Intermediate times

### Stage score

### Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Lap 1	3.25	17:58	5:31	1	-	29	5:41	3.25	17:58	5:31	1	-	29	5:41
Lap 2	3.25	19:46	6:04	1	-	43	6:34	6.50	37:44	5:48	1	-	35	12:15
Last lap Finish	3.25	19:26	5:58	1	-	33	6:14	9.75	57:10	5:51	1	-	35	18:29